# TRUCKTALK



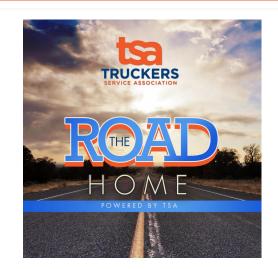
Welcome to Truckers Service Association!



## America's Professional Drivers are the Backbone of Our Country.

## **THANK YOU for Your Commitment!**

### **ON THE ROAD!**



Listen to *The Road Home*, TSA's original podcast wherever you find your

This month we're n the road with Shannon Newton, President of the Arkansas Trucking Association during the annual conference in Hot Springs, AR.

Shannon has been with the Association for 18 years and the President since June 2014. Arkansas leads the way for many trucking industry efforts. https://www.arkansastrucking.com/

Dough Schmidt is a full-time RVer and former federal corrections officer. Host

favorite podcasts. Don't forget to subscribe so you don't miss an episode!

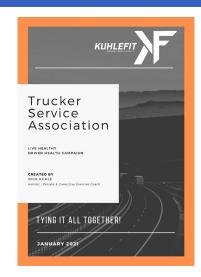
Available on:

- Apple Podcast
- Google Podcast
- Spreaker Radio
- iHeart Radio

Your Reviews on Apple Podcast are Greatly Appreciated! John Piper get his perspective from life on the road the full-time RV lifestyle. This show is sponsored by the Truckers Service Association with over 12,000 members for more information https://tsatruck.org/

Listen to TruckTalk

### Live Healthy, Drive Healthy



Life on the road can become an allconsuming lifestyle. You take care of your customers and your truck, but YOU are your business. Keeping your business healthy means keeping yourself healthy first.

This TSA Exclusive 12-month program provides tips to follow to improve your overall health! Free to members!

View the full program at Live Healthy, Drive Healthy

### NEW THIS MONTH! 10 Minute Breaks That Keep You Moving

"Sitting is the new smoking," So let's get moving! In this month's edition, there are some great tips and several 10-Minute Movement sessions that provide a great start!

Check them out in this month's edition

### **News Updates**

#### WINTER IS COMING

TRUCKER

LIVE HEALTHY DRIVER HEALTH CAMPAIGN

**"10 MINUTES OF DAILY** 

MOVEMENT"

SERVICE ASSOCIATION

September 2021

· Colorado chain law requirement begins Sept. 1 more

WORKOUT #1

10 minutes total

Jump Rope - 2 minutes

Push ups - 2 minutes Jump Rope - 2 minutes

Lunges or squats - 2 minutes Jump Rope - 2 minutes

Set a timer and get started. Try and move the entire 10 minutes even if you have to go at a slower pace.

#### TRAFFIC TICKET DEFENSE

• How to fight traffic tickets, whether with or without legal help more

#### COMPLIANCE, SAFETY, ACCOUNTABILITY

- Trucking attorney offers tips to maintain top CSA scores more
- The importance of post-trip inspections more

#### **TIRE FUEL EFFICIENCY**

- Understanding the tire/fuel efficiency equation more
- Calculating the TCO of low rolling resistance tires more
- Partners in Business tip: Driving habits and tire life more

#### **YOUR BUSINESS**

- How much should I charge for detention? more
- Transportation in the top 5 industries most susceptible to cyberattack. Here are 5 tips to ensure cybersecurity on the road. more

### **TSA Member Benefits**

As a Truckers Service Association (TSA) member, you are entitled to these profitenhancing benefits and discounts from our premium partners!

#### Learn about ALL of our TSA Partners & Member benefits at TSA.org.

#### **ADVANTAGE** ASSET TRACKING

(advantage **ATBS** 

Geotab ELD compliance solution, a global leader in ELD solutions for fleet management and vehicle tracking, at a price point normally only available to very large fleets. Valuable TSA Features through Advantage Asset\_Tracking ELD.

#### DRIVERS **LEGAL PLAN**

Keep crippling points off your SMS wherever you are! The comforts score in order to stay employable. Don't make the mistake of letting traffic convictions damage your driving record and your earning power. Let Drivers Legal Plan protect your livelihood.

#### MASA

#### MASA MTS

provides you with coverage for BOTH ground ambulance and air ambulance transport, regardless of which provider transports you you're covered in all 50 states and Canada!

Our partners at ATBS have impressive experience in trucking, accounting, and taxes. They've provided ideas on what you can begin doing now to make filing your tax return as easy as possible and reduce the amount

#### DRIVERS EPIC VUE

you owe.

#### Stay Connected, of home are available right in your truck with EpicVue satellite TV. Financing Available for TSA Members! Financing Available for **TSA Members!**

for your car insurance? Save up

company that covers your truck.

True North has you covered.

insurance with the same

to 17% by bundling your personal





### 

With Document Garage, you've got personal back office cloud storage garage, so that your documents are with you on the go and collaboration is at your fingertips.

#### **PREPASS**

First Two Months



of PrePass Free for TSA Members Save Time, Save Fuel, & Save Money! Give PrePass weigh station bypass a try. TSA Members get your first 2 months free!

#### **STAY UP-TO-DATE**







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NORTH

Why pay more



EPICVUE





CALL 877.968.8785 FOR MORE INFORMATION

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