

Welcome to Truckers Service Association!



ON THE ROAD!



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In this edition of *The Road Home* you will hear all from drivers around the country as we celebrated National Truck Driver Appreciation Week in September.

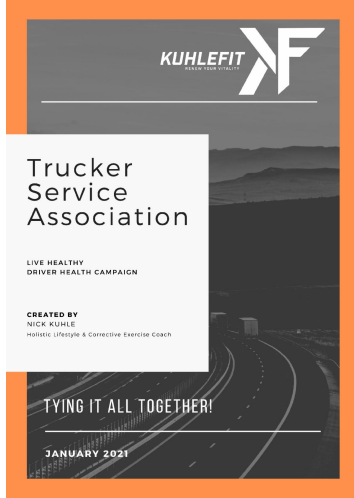
Each driver also served their country and is a proud veteran. "Palerider" from CalArk, Gus Corona from Melton Truck Lines, Ronnie Wallett from National Carriers, and Bob Buskin with Western Flyer.

Thank you for your service!

[Listen to this edition of TruckTalk](#)

Live Healthy, Drive Healthy

Life on the road can become an all-consuming lifestyle. You take care of your customers and your truck, but YOU are your business. Keeping your business healthy means keeping yourself healthy first.

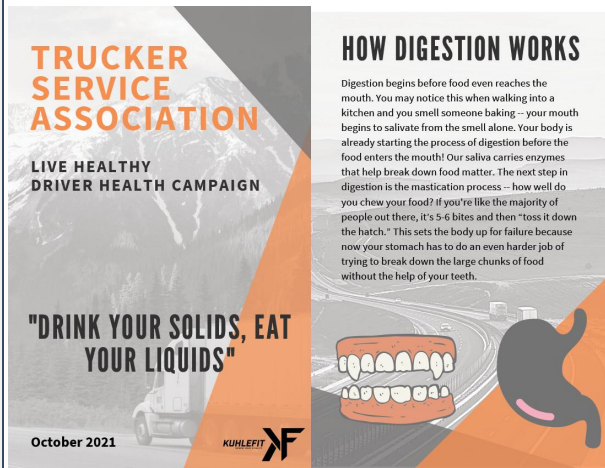


This TSA Exclusive 12-month program provides tips to follow to improve your overall health! Free to members!

View the full program at
[Live Healthy, Drive Healthy](#)

NEW THIS MONTH!
Drink Your Solids, Eat Your Liquids

We're taking it back to the basics. The absolute very basics to aid in better nutrient absorption, less bloating, and improved health markers. It has nothing to do with food, hydration, or even working out - it's simpler than that! I'm talking about digestion. If you glance over that last sentence and think that's not an issue, buckle in. [Read this month's edition](#)



HOW DIGESTION WORKS

Digestion begins before food even reaches the mouth. You may notice this when walking into a kitchen and you smell someone baking – your mouth begins to salivate from the smell alone. Your body is already starting the process of digestion before the food enters the mouth! Our saliva carries enzymes that help break down food matter. The next step in digestion is the mastication process – how well do you chew your food? If you're like the majority of people out there, it's 5-6 bites and then "toss it down the hatch." This sets the body up for failure because now your stomach has to do an even harder job of trying to break down the large chunks of food without the help of your teeth.



News Updates

WINTER IS COMING

- CHAINS REQUIRED: Colorado chain law requirement began Sept. 1 [more](#)
- [Seasonal Tips](#): Preparation and skill needed for winter driving conditions

DOT REQUESTS INPUT

- DOT asks drivers for input on industry 'challenges' [more](#)

ON THE ROAD

- Tractor-trailers banned from a section of I-95; safety issue cited [more](#)

YOUR BUSINESS

- 5 Tips to Grow Your Trucking Business [more](#)

TSA Member Benefits

As a Trucker Service Association (TSA) member, you are entitled to these profit-enhancing benefits and discounts from our premium partners!

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ADVANTAGE ASSET TRACKING



Geotab ELD compliance solution, a global leader in ELD solutions for fleet management and vehicle tracking, at a price point normally only available to very large fleets. Valuable TSA Features through [Advantage Asset Tracking ELD](#).

ATBS

Our partners at [ATBS](#) have impressive experience in trucking, accounting, and taxes. They've provided ideas on what you can begin doing now to make filing your tax return as easy as possible and reduce the amount you owe.



DOCUMENT GARAGE



With [Document Garage](#), you've got personal back office cloud storage garage, so that your documents are with you on the go and collaboration is at your fingertips.

DRIVERS LEGAL PLAN



Keep crippling points off your SMS score in order to stay employable. Don't make the mistake of letting traffic convictions damage your driving record and your earning power. Let [Drivers Legal Plan](#) protect your livelihood.

EPIC VUE



Stay Connected, wherever you are! The comforts of home are available right in your truck with [EpicVue](#) satellite TV. Financing Available for TSA Members! Financing Available for TSA Members!

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MASA



MASA MTS

provides you with coverage for BOTH ground ambulance and air ambulance transport, regardless of which provider transports you – you're covered in all 50 states and Canada!

TRUE NORTH



Why pay more for your car insurance? Save up to 17% by bundling your personal insurance with the same company that covers your truck. [True North](#) has you covered.

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