

#### THANK YOU

To all of our professional drivers who keep America moving - THANK YOU! We appreciate all you do to keep us moving forward.

#TruckDriverAppreciation

# Income Trends, Costs, & Predictions for 2018 and Beyond

Join TSA Premium Partner ATBS for the 2018 Mid-Year ATBS Independent Contractor Benchmarking Conference Call. ATBS tracks and analyzes the financial data of 15,000+ fleet owner-

operators and identifies key trends including income, fixed and variable costs, retention, and more.

On this call they'll talk about trends and provide a comprehensive report on the state of the trucking industry from the first half of 2018 as well as research and experience based predictions on how long we can expect to see current market conditions last.

Register Here: <a href="http://ow.ly/FzSd50iHwUU">http://ow.ly/FzSd50iHwUU</a>



THANK YOU!

# LONG HAUL HEALTH: Are You Up to the Challenge?

NEW: Lift Like An Athlete

No one can afford to be sidelined with an injury. If you've ever hurt your back while lifting something heavy or if you just want to lift better. This is for you!

Find Relief Here: http://ow.ly/jazP50iHGdY

#### Most Popular: Pit Stop Stretch

We're throwing out a challenge! Can you make it through 7 - 10 minutes of stretches that could change your day? Our most popular video, Pit Stop Stretch can make a big difference in a short stretch!

Find Relief Here: <a href="https://oww.ly/104U30lvit4">ow.ly/104U30lvit4</a>

**Find All Episodes** on: <a href="https://www.tsatruck.com/blog/tsa-long-haul-health/">https://www.tsatruck.com/blog/tsa-long-haul-health/</a> Have something you'd like us to address? Let us know!

**INDUSTRY** 

### **Break Check**

A week-long brake inspection blitz is set for September 16 - 22, 2018 as part of the Commercial Vehicle Safety Alliance's Annual Brake Safety Week.

Learn more at: <a href="http://ow.ly/SHrO30kyF8m">http://ow.ly/SHrO30kyF8m</a>

#### **FEATURED PARTNER**

## ATBS - Trusted Tax and Accounting for Owner-Operators

ATBS owner-operators earn 40% more profit than their peers. Handling bookkeeping, tax prep, tax estimates, monthly P & L statements and more, ATBS is dedicated to your success. TSA Discount: 4% off standard business services.

Learn more at: <a href="http://ow.ly/MEk250iHBXi">http://ow.ly/MEk250iHBXi</a>

#### **KEEP UP-TO-DATE**

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Want breaking news, benefit updates, and more?

Be sure to follow @TSA Truck on <u>Facebook</u> and <u>Twitter!</u>

#BizTipTuesday #WellnessWednesday #BenefitFeatureFriday

CALL 877.968.8785 To Reach Your TSA Service Team