

HAPPY THANKSGIVING! PLEASE BE SAFE!

OPPORTUNITY

Ambassador Applications Due - Wed., Nov 15

We're looking for a few great truckers to play an important role in creating an outreach program to educate policymakers, the media, and the general public on the important role that the Independent Contractor business model plays in the trucking industry and the U.S. economy.

The program will provide a stipend for Independent Contractor Ambassadors for their time spent at an event and other associated costs.

APPLY

Interested independent contractors are encouraged to [apply](#) to be Independent Contractor Ambassadors by submitting the [official application form](#).

Deadline: 11/15/18

BUSINESS

Business is Great But The Pendulum Always Swings

It's been a great year in the industry, some experts even predict things will be great for truckers into 2020! Premium Partner ATBS offers some sage advice on how to take advantage of this market and prepare your business for the future.

Get some great tips for strengthening your business: <http://ow.ly/DekX30mCdCp>

LONG HAUL HEALTH

Targeted Relief

Driving is hard on your body but regular stretching can help:

- Alleviate aches & pains
- Improve your joint range of motion
- Decrease your risk of injury

We've made it easy to target those nagging aches and to get a good stretch in in less than 10 minutes: <https://www.tsatruck.com/blog/tsa-long-haul-health/>

BENEFIT UPDATE

UPS Update

TSA members can save up to 18% off UPS Express air & international shipments and 9% off UPS ground shipments. All with the peace of mind that comes from using the carrier that delivers outstanding reliability, greater speed, more service, and innovative technology. UPS guarantees delivery of more packages around the

world than anyone, and delivers more packages overnight on time in the US than any other carrier. *Setting up a new account?*

Call 800-325-7000 between 8 am - 9 am Eastern to set up an account. Use code: BTBC37KZ5 for your discount.

Already have an account? Call to add the new TSA code.

2019 HEALTH INSURANCE

Independent Advantage Health Insurance Coverage

Independent Advantage was created specifically for Owner-Operators. Choosing the right type of coverage, carrier and plan design could mean the difference in thousands of dollars of premium savings. Call TSA's trusted partner at 800-877-9637 or visit www.TNtruck.com to learn more.

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#BizTipTuesday #WellnessWednesday #BenefitFeatureFriday

CALL 877.968.8785 To Reach Your TSA Service Team