

TSA Announces: Long Haul Health

TSA Original Series Helps to Ease The Pain of Life On the Road

It's hard on the body to be driving 14 hours a day. Taking good care of yourself is as important to your business as taking care of your truck. The TSA Original Weekly Series focuses on providing tips for easing the pain of life on the road. *Episode One: Alleviate Lower Back Pain.*

Suffering From Lower Back Pain?

Find Relief Here: <http://ow.ly/hb4y30kUrji>

BUSINESS

Five Biggest Owner-Operator Expenses

As a business owner, how much you're making is only part of the equation. Understanding your expenses will help keep you in the black. Learn more about what to look for and managing the Top 5 Biggest Expenses from TSA partner ATBS.

Learn more at: <http://ow.ly/TcXJ30kPzTL>

INDUSTRY

Comment Period On ELD Extensions Ends Monday, July 16th

Truckers have five more days to comment on an exemption request that would exempt carriers with fewer than 50 employees from the ELD mandate.

<http://ow.ly/6uJ230kULsU>

Break Check

A week-long brake inspection blitz is set for September 16 - 22, 2018 as part of the Commercial Vehicle Safety Alliance's Annual Brake Safety Week.

Learn more at: <http://ow.ly/SHrO30kyF8m>

GATS

August 23 - 25, 2018

Kay Bailey Hutchinson Convention Center
Dallas, TX

Free Truck Parking Info Here: <http://ow.ly/9Bzk30kULBx>

Free Registration Here: <http://ow.ly/phyR30kULA9>

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