

Live Healthy, Drive Healthy

Exclusive Program for TSA Members

Keeping Your Business Healthy

The road can quickly become an all-consuming lifestyle. You take care of your customers and your truck, but YOU are your business. Keeping your business healthy means keeping *yourself* healthy first.

Introducing a TSA members' exclusive Lifestyle & Exercise Program from Nick Kuhle, holistic lifestyle and corrective exercise coach.

With a Masters in Exercise Science Nick specializes in creating personal wellness plans that identify the root cause of issues, eliminate pain, and provide direction in order to renew one's vitality.

TSA member's exclusive program focuses on equipping you with the tools and techniques necessary to take your current health; regardless of what state it's in and optimize it.

Get ready to make a move that improves your life & and your business. [Check out the Month #1 Assessment.](#)



[Learn more](#) about Nick Kuhle in the Jan 2020 edition of The Road Home, TSA's original podcast

Follow, Comment & You Could Win!

Who can afford to be sick? Especially when you own your own business.

While flu vaccines can vary in how they work, vaccination is the first and best way to prevent influenza. According to the CDC, it's not too late to get your flu shot! [learn more](#)

We want you to stay healthy!
So we're offering a chance to win a CVS gift card! It's easy...

1. **Follow** us on [Facebook](#) or [Twitter](#)
2. **Look for the** "COMPLETE this sentence to win post each week.
3. **COMMENT** on the post by putting your response to the sentence in the



Complete this sentence on this week's post: "[I STAY HEALTHY ON THE ROAD](#)

COMMENT section for a chance to win! (TSA members only) [BY...](#)"

Winners will be chosen at random each week from the TSA members who respond to the designated posts.

Coming Up On The Road Home



TSA's Original Podcast

The Road Home, the podcast developed exclusively for TSA members is ready to launch it's 4th episode!

Look for great insight and information on:

1. Tires
 2. Cruises
 3. The impact of CA's AB5 for Independent Contractors
- and more!

Available on: [Apple Podcast Spreaker](#) [TSA.org](#) [iHeart](#) or Google Podcasts.

Benefit Spotlight: ATBS

Tax Time is Coming!
Are you ready?



ATBS owner-operators earn 40% more profit than their peers.

ATBS handles your bookkeeping, tax prep, tax estimates, monthly P&L statements, plus a client portal to archive receipts and financials and a business coach dedicated to your success.

Call 1-888-640-4829 and mention TSA for 4% discount off Standard Business Services.



Learn more from CEO Todd Amen

[Watch the video](#)

[Listen on the podcast](#)

Scholarships Make A Difference

Applications Now Available

Applications for the 2020/2021 school year are now available. Completed applications are by June 26, 2020. Visit [TSATruck.org](#) to [learn more](#)!

Hear Professional Driver Corey Newman Share How The TSA Scholarship Program Has Helped His Three Girls on *The Road Home*.



Available on: [Apple Podcast Spreaker](#)
[TSA.org](#) [iHeart](#) or Google Podcasts.

NEWS UPDATE

Road Check Set for May 5 - 7

Inspectors to focus on driver requirements including, among other things:

- current valid CDL & DOT medical certificate
- record of duty status
- no drugs or alcohol
- seat belt use
- proof of insurance
- evidence of periodic inspections

[Learn more](#)

Trucking Law: Protecting Yourself During A Traffic Stop: [Learn how](#)

TSA Premium Partners Offer Great Benefits for TSA Members



Independent Advantage
Business Coverage



ATBS – Trusted Tax and Accounting
for Owner-Operators



Truck Insurance through TSA



MASA Assist



EpicVue



PrePass



Driver's Legal Plan



Independent Advantage Health
Insurance Coverage



Patriot Mobile Phone Plans

CALL 877.968.8785 FOR MORE INFORMATION



