

## DOT Submits Proposed Rule Change



### HOS Regulations Changes Coming

The Department of Transportation has sent its Notice of Proposed Rulemaking to reform hours-of-service regulations to the Office of Management and Budget.

While specifics are not yet available, you can read the article [here](#). TSA will keep you informed as info becomes available. Be sure to follow us on [Facebook](#) & [Twitter](#) for breaking news!

[Read More](#)

## Special Offer TSA Members Get \$5 off at Pilot Flying J



### The New Pilot Flying J App is Here

Save time on the road and money at the register when you download the Pilot Flying J app. TSA Members, use promo code "TSA2019" to unlock an app offer to save up to \$5 on your next in-store purchase.

[Download the app](#)

**Valid from 4/1/19 - 4/30/19 at participating U.S. Pilot and Flying J locations.** To receive offer, Truckers Service Association members must enter promo code TSA2019 into the myPilot® app to unlock an offer for up to \$5 off your next in-store purchase, then save that offer to their myRewards card. To redeem offer, you must present your myPilot® app, myRewards® card, or the phone number associated with the myRewards® account at the time of purchase. If qualifying in-store transaction total is less than \$5, your purchase will be credited for the transaction total; no refund of the remaining \$5 will be given. Offer cannot be used for fuel, tobacco, alcohol, gift cards, or lottery. Other exclusions may apply. Applicable sales tax applies. No cash value, rainchecks, or substitutions allowed. Not valid on prior purchases Void where prohibited or otherwise restricted. Offer cannot be sold or otherwise bartered. Other restrictions may apply. Limit one offer per customer.

## Money for College & Trade Schools

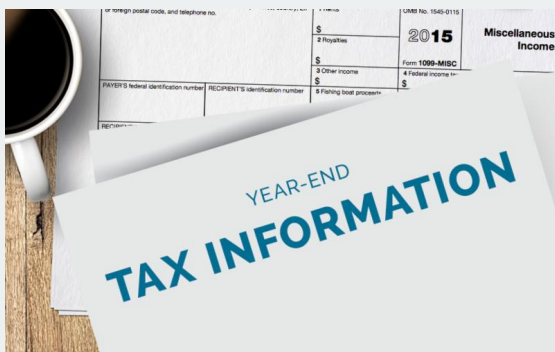
## Deadlines Approaching

The TSA educational scholarship program was established in 2016 and provides scholarships and grants to help fund post-secondary education for our members and their dependents. Applications are now available for the 2019/2020 school year.

[Learn More](#)



## Tax Time Tips



### Tax Reform Has Changed How We Will File Our Taxes This Year

TSA partner ATBS has FREE information on Understanding the Tax Cuts and Jobs Act: Form 1040 and Related Schedules.

[Sign Up to Get More Info](#)

## Long Haul Health

### Eliminating Arm & Shoulder Pain

Identifying the source of your pain is key to determining which stretches work best to alleviate arm & shoulder pain.

In this episode Dr. Jeff Zelasko helps you self-assess and stretch away the pain.

[Learn More](#)



## On The Road



### Hours of Service & Closures

**It's official: DOT Intends to Propose Hours of Service Reform**

[Learn More](#)

**Manhattan Drivers Could Be Facing \$11.52 Toll to Drive City Streets**

[Learn More](#)

**Trucks, Cars Directed Around Birmingham During Major Bridge Project**

[Learn More](#)

### Road Check

Annual 72-hour Roadcheck inspection  
Blitz Set for June with Focus on  
Steering, Suspension  
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